

Block Your Dates
7th & 8th
March 2026

Theme - Plexuses & Planes:
Cadaver to Clinical

Session 1 (Breaking the stereotype)	8:30am-9:30am
Brachial Plexus Sheath: Fact or Fiction Dr Gugapriya	15 min
Optimal injection site in Ultrasound Supraclavicular BPB Dr Sivashanmugam	15 min
Brachial plexus block failures - Exploring anatomical reasons Dr Azam	15 min
Cadaveric Injections in Brachial Plexus Sandeep Diwan	15 min
Session 1 Discussion	9:30am-9:45am 15 min
Out of the Box More than motor sparing - cognitive sparing in regional anaesthesia Regional anaesthesia and ageing brain: what you need to know? Dr Dheeraj	9:45-10:00am 15 min

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Session 2 (Unravelling the mystery)	10:10am - 11:10am
Dissecting the popliteal sheath: Intermix of Sheath and Nerves!! Dr Yogitha	15 min
At, Between or Beyond Popliteal Sciatic Nerve: where should I inject? Dr Divesh Arora	15 min
Intraneural v/s extraneural popliteal sciatic nerve : How do I distinguish? Dr Sivashanmugam	15 min
Cadaveric Injections in Sciatic Nerve Sandeep Diwan	15 min
Break	11:00am - 11:15 am
Out of the box Blocks in the Hills : Regional Anaesthesia Across coastline Dr Nilesh Naphade	11:15am - 11:30am 15 min
Session 3 (New Horizons)	11:30am - 12:30 pm
Fascial planes and anatomic implications Dr P Manvikar	20 min
What to choose? The neural element or the fascial plane? Dr Azam Danesh	20 min

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Complications of Fascial plane injection. How careful should we be? Dr Divesh Arora	20 min
Cadaveric Injections in Paraspinal Spaces Sandeep Diwan	15 min
Session 2: Discussion	15min
Out of the box Navigating consciousness: regional anaesthesia for Awake craniotomy To be awake or not to be: Rethinking Anaesthesia for brain surgery Dr Dheeraj Mapusa	12:30PM-12:45PM 20 min
LUNCH	12:45PM-13:45PM

Session 4 (Food for thought)	13:45PM-14:30PM
Do IIN and IHN belong to Lumbar Plexus? Dr Gugapriya	10 min
Does PCNT innervate the ankle joint? Dr Yogitha	10 min
Does Saphenous nerve innervate medial ankle capsule? P Manvikar	10 min
Session 4 Discussion	15 min

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Panel Discussion All Faculties Moderator Himaunshu Dongre; Sandeep Diwan	14:45PM-15:30PM
Fascial Plane Communications What we learn and How to Utilize these? Out of the BOX Beyond blocks But within Legal framework Preserve data Protect yourself: Power of documentation Dr Nilesh Naphade	15:30PM-15:45PM 15 min
Panel Discussion All Faculties Moderator Himaunshu Dongre; Sandeep Diwan Should we really FEAR phrenic nerve paresis?	15:45PM-16:30PM

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SUNDAY	
MASTERCLASSES	
DEMONSTRATION BY FACULTIES	
Session 5 Ultrasound Lumbar and Thoracic Spine Shivashanmugam; Azam Danesh	8:00AM - 8:40AM
Ultrasound Paravertebral and Paraspinal Archana Areti; Divesh Arora	8:45AM - 9:25AM
Ultrasound Lumbosacral plexus Himaunshu Dongre; Sandeep Diwan	9:30AM - 10:10AM
Ultrasound Distal Shoulder Sandeep Diwan	10:15AM -10:55AM
Inaugural function	11:15AM -12:00PM
LUNCH	12:00PM-13:00PM
Session 6 Can we Strategize use of Adjuvants in PNBs? Archana Areti	13:00PM-13:15PM 15 min
How do I do Interscalene Block Nitin Gawai	13:30PM-14:20PM 10 min

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Costoclavicular Block Avinash Gaikwad	10 min
Forearm Blocks Navveen PM	10 min
Peng and SIFI Reshma Nath	10 min
Sciatic Block Ganesh Bhong	10 min
Panel Discussion Why we are practising MOTOR sparing blocks? All Faculties Moderator Archana Areti; Sandeep Diwan	14:20PM-15:00PM